

Daren Sims

About....

Daren is a senior instructor within Templegate Dojo in Bristol.

He has practiced Aikido with Sensei Michael Narey(8th Dan) since 1992 completing his shodan in 1994. In May 2001 Daren was assessed as Sandan.

Throughout his Aikido training, Daren has been heavily influenced by the teachings of Pierre Chassange (8th Dan).

Daren has also achieved 1st Dan in GoshinJu-Jitsu under the instruction of Kevin O'Hagan (6th Dan) within the Bristol Goshin Jutsu Combat Academy.

Daren normally teaches on a Tuesday night where he teaches 1st and 2nd Dan syllabus. He often assists or instructs in other classes as part of the pool of Templegate instructors.

On Wednesdays Daren trains with Sensei Narey.

Daren has also experienced Boxing, Grappling and Vale Tudo within his training with Sensei O'hagan.

Achievements

Darens main achievement in Aikido is to have played a leading role in the continuing development of the Templegate Dojo and its members.

Since 1994 he has instructed classes in Aikido taking responsibility for large numbers of students and facilitating their progression in Aikido through structured classes and regular courses.

Daren has been extensively involved in developing lesson plans, grading syllabus and assessment criteria within Templegate Aikido Dojo and its predecessors.

Daren has been regularly involved in student assessment and dissemination of feedback during classes and examinations.

Daren is also Treasurer of the National Aikido Federation and has been the club secretary for the Templegate Dojo and its predecessors since 1993.

Strengths

Strong organisational skills, excellent communication skills and a natural ability to empower students to progress through demonstration and explanation. Daren has the ability to help others do well.

High level of self confidence and self belief.

Proven track record as an instructor with a number of senior grades progressing through his classes to achieve Dan grades and to start teaching Aikido themselves.

Technically qualified in Aikido having achieved the level of Sandan. This knowledge is supplemented by experience of other martial avenues including a 1st Dan in Jujitsu.

Despite some of the claims in this 'CV' Daren remains modest, He is fully aware that there are much more gifted martial artists around will happily testify to this. He occasionally has the bruises to prove it too!

Relevant Qualifications

FAETC (7307) Teaching Certificate

FIRST AID

Sandan (3rd) in Aikido

Coaching award through British Aikido Board

1st Dan in Goshin Jujitsu.

Other stuff

Big fan (long suffering) of Leeds United

***Favourite film :** Cool hand luke or maybe the Unforgiven*

***Partner :** Kay – Originally student of George Forbes and John Dinsdale of Barrow – in –Furness*

***Favourite Drink:** Guinness (any sponsorship gratefully accepted but I'm not appearing in any of your ads)*

***Favourite food:** Sunday Roast....*

***Job :** IT Consultant (sounds a lot better than it is....)*

***Originally from:** Calne in Wiltshire*

***Used to be :** A dirty full back – Played football in every division of Wiltshire county league. Managed and Coached Derry Hill FC in Sunday League. High point of football career: Scoring my 1 and only goal for Bromham FC in my 250th and final game!*